

CHURCHES TOGETHER IN ALDERLEY
LENT GROUPS 2022



HOLY HABITS:
Exploring the Adventure of Discipleship

The theme for this year's Ecumenical Lent Groups is HOLY HABITS, based on the book by Andrew Roberts (below). There will be two groups, one meeting at St Philip & St James on Mondays at 7.30 pm and the other at Alderley Edge Methodist Church on Thursdays at 2.30 pm. Notes and discussion starters will be provided for each session. Further resources can be found on the Holy Habits website (below). Any queries? Contact Loveday on loveday.alexander@btinternet.com

LENT 1: FEASTING AND FASTING (Holy Habits chapter 14)

SPJ Monday 7th MAR @ 7.30 pm **or** AEMC Thursday 10th @ 2.30 pm
Focus: Acts 2.46; Matthew 6.16-18; Luke 14.15-23

LENT 2: MORALITY TALES @ SPJ on Tuesday 15th March, 7.30 pm

What should we do with tainted money? – Philip Alexander
[Click here to book for this event.](#)

LENT 3: PRAYER (Holy Habits chapter 11)

SPJ Monday 21st MAR @ 7.30 pm **or** AEMC Thurs 24th Mar @ 2.30 pm
Focus: read Acts 2.42; Matthew 6.5-15; Luke 11.1-13

LENT 3: SERVICE (Holy Habits chapter 13)

SPJ Monday 28 MAR @ 7.30 pm **OR** AEMC Thurs 31st Mar @ 2.30 pm
Focus: read Acts 2.45; Matt 6.1-4, 19-24; Matt 25.31-46

LENT 5: BREAKING of BREAD (Holy Habits chapter 10)

SPJ Monday 4th April @ 7.30 pm **or** AEMC Thurs 7th April @ 2.30 pm.
Focus: read Acts 2.46-47; I Cor 10.16-17; 11.23-26

THE BOOK: Andrew Roberts, *Holy Habits* (Malcolm Down 2016). Order from Maxine Drabble for £8.50: maxinedrabble@icloud.com

THE WEBSITE: *Holy Habits: Missional Discipleship Resources for Churches* (Bible Reading Fellowship): <https://www.holyhabits.org.uk>